

AUGUST 2020 Overview of Confirmation Preparation Resources for Youth & Adults

It should be noted that “confirmation” denotes different things to each denomination; for most it is an affirmation what one believes according to a specific faith tradition. Thus, theology and doctrine (including the interpretation of scripture) and views on the sacraments, liturgical practice, and church polity (governance) can be radically different. When choosing program material for a confirmation class, whether it be youth or adult, please bear in mind how compatible the materials are to your faith tradition and adapt as necessary.

Resource	Publisher (Author) Denomination	Purpose & Content	Format	Ages	Cost
Affirming Faith , updated and revised	United Church Press (Thomas E. Dipko) <i>United Church of Christ</i>	To aid persons in affirming and renewing faith; “connecting with the congregation” through mentoring, witness, service, projects, field trips, retreats, & liturgical resources following UCC Statement of Faith www.thepilgrimpress.com/products/affirming-faith-resources-revised-and-updated	25 90-minutes sessions Print	12-16 years	\$28 Guide \$13 Journal
A People Called Episcopalians , revised edition	Church Publishing (John Westerhoff) 2014 <i>Episcopal</i>	Addresses the foundational issues of what it means to be an Episcopalian, devoting chapters to things Episcopal: Identity, Authority, Spirituality, Temperament, and Polity www.churchpublishing.org/products/apeoplecalledepiscopalians	48 pages Print/ebook	Young Adult Adult	\$6.95 Book
Big God, Big Questions	Geneva Press <i>PCUSA</i> 2018	Prepares youth to understand and answer the Confirmation questions: Trusting in the gracious mercy of God, do you turn from the ways of sin and renounce evil and its power in the world? Who is your Lord and Savior? Will you be Christ's faithful disciple obeying his word and showing his love? Will you devote yourself to the church's teaching and fellowship, to the breaking of bread and the prayers? www.pcusastore.com/Pages/Item/10494/Big-God-Big-Questions-Confirmation-Curriculum.aspx	Multiple components – all available as print or download	Youth	\$40/50 Teacher \$10 Student \$5 Mentor/Home \$15/25 Infographics \$15-\$25 Videos
Catechism Curriculum	LeaderResources (David Klutterman) <i>Episcopal</i>	Lesson plans based on the Episcopal Catechism found in The Book of Common Prayer. Each section includes bible study, reflection questions and activities. www.leaderresources.org/Catechism	Downloadable	K-Grade 3 Grades 4-6 Jr/Sr High Adults	\$29.95

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Chosen Together: A Cross+Gen Confirmation Experience	Spirit & Truth Publishing <i>interdenominational</i>	A personalized approach to transform your confirmation program into an inclusive, flexible, and relationship-building experience that will engage confirmands, families, and your entire congregation in the conversation. Topics: Ten Commandments, Apostles' Creed, Lord's Prayer, The Sacraments. An online consultation with the author is included with purchase. https://spiritandtruthpublishing.com/products/crossgenerational-confirmation/	Fully download A complete online platform is launching (as of August 2020).	Youth (Inter-generational component)	Based on #of participants: \$145-840.00
CoLABorate	Sparkhouse (ELCA) <i>Lutheran Methodist Presbyterian</i>	Part of the CoLABorate youth curriculum with units for confirmation: <u>Lutheran units</u> : Lutheran History & Catechism, Lutheran Living, OT, NT. <u>Methodist units</u> : Methodist History & Doctrine, OT, NT <u>Presbyterian units</u> : Presbyterian History & Doctrine, OT, NT www.wearesparkhouse.org/store/category/286836/Colaborate	15 lessons per unit / 45 sessions Print and DVD	Youth	By unit: \$29.99 Leader \$9.49 Student Handbook \$34.99 DVD \$15.99 Posters
Confirm not Conform: Youth	CnC (independent / Episcopal) Versions: <i>Episcopal, Lutheran, Methodist, UCC, Presbyterian</i>	Classroom work, field trips, mentor relationships, and challenges to take responsibility for understanding faith and its power. Youth discover their own voice as they confirm their beliefs. www.confirmnotconform.com	20 sessions 90 minutes ea. Downloadable	8 th grade Youth	Based on ASA; one-time licensing fee: \$149 - \$499.00
Confirm not Conform: Adult	CnC (independent / Episcopal) <i>Episcopal</i>	Lessons invite participants to ask the questions they've always wanted to ask and to explore their faith from an adult perspective. The lesson plans cover the basics on Bible, creeds, prayer book and sacraments. Participants experiment with different spiritual practices to find what ones work best for them. www.confirmnotconform.com	18 sessions 90 minutes ea. Downloadable	Adults	Based on ASA; one-time licensing fee: \$149 - \$499.00

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Confirm (replaced CREDO in 2016)	Cokesbury (Michael Novelli) <i>United Methodist</i>	Provides students with the basic beliefs of a theologically sound, United Methodist faith while engaging them in creative and thought-provoking activities to help them internalize what they've learned. The sessions are organized around the following content categories: Theology, History, Belonging in the Community of Faith, Making a Faith Commitment, Understanding God's Call www.cokesbury.com/confirm?pagenumber=1	39 lessons	Youth	\$19.99 Director \$29.99 Teaching Plans \$12.99 Student \$10.99 Mentor \$8.99 Parent \$39.99 DVD
The Discovery Series: A Christian Journey	Diocese of Texas <i>Episcopal</i>	video series: Includes a brief history of the Episcopal Church, an instructed Eucharist, spiritual gifts assessment, Bible, Jesus, the Creeds, and Baptism. www.epicenter.org/discovery/	Each course has 2-4 video segments (about 15 min ea.) to be followed by 45' group work.	Young Adults / Adults	Facilitator Guide Participant Guide Videos Free In Spanish also
Faith Confirmed: Preparing for Confirmation	Forward Movement (Peter Jackson & Chris Wright) <i>Forward Movement 2019</i> <i>SPCK 1999</i>	An introduction to Episcopal beliefs and practices. Clear and accessible explanation of what Episcopalians believe, stories and illustrations to unpack these beliefs, thought-provoking questions and a Bible study, prayer and suggested topics for the week. www.forwardmovement.org/Products/2498/faith-confirmed.aspx	19 sessions (chapters)	Youth/Adults	Book \$18.00
H2H: Head to the Heart Confirmation	Faith Inkubators (Rich Melheim) <i>Lutheran/ELCA</i>	H2H combines current life with Biblical truths, creating critical thinking, deep caring, faithful young people. It features art, music, skits, and game shows, while building lasting caring relationships at church. Blend learning, Christian service and fellowship with our time-tested system. https://faithink.com/about-head-to-the-heart-confirmation	90 PowerPoint based lessons; 10-lesson theme set CD-Rom	Youth	\$99 - \$1,699 ASA

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Here We Stand	Augsburg Fortress <i>Lutheran/ELCA</i>	Students experience a connection between the class content and their affirmation of Baptism each week, how their faith connects to real life, while the expanded small group material encourages relationship building between mentors and learners. Solid biblical and theological content helps connect students with their Lutheran heritage, while video, music and other multimedia resources make the material more approachable for today's learner. (NRSV) www.herewestandconfirmation.org	2 or 3-year scope and sequence, 31 session in each year: OT, NT, Small Catechism Online platform for teachers	Youth	\$99-499.99 Annual Sparkhouse Digital Youth Subscription \$25.99 Lutheran Study Bible \$15.99 Student book
I Believe	Faith Alive Resources (Jessie Schut) <i>Christian Reformed</i> 2004	For teens who are preparing to make public profession of faith. Through discussion, action, and relationship building with a mentor, they will learn to express what they believe and grow in their walk with God. www.faithaliveresources.org/Products/151130/i-believe-study-guide.aspx	Print	Middle School High School	\$12 Study Guide \$13 Mentor Guide
I Believe: Confirmation for the 21st Century	LeaderResources (Andrew Sherman and Donna H. Barthele) <i>Episcopal</i> 2006	Experience and reflect on what it means to name Jesus Christ as Lord and Savior in the context of the Episcopal Church. Based in the biblical stories involving classroom reflection, retreats, community service, mentors, prayer, worship, and internships in the congregation. https://www.leaderresources.org/BELIEVE	2 years Downloadable	6-9 th Grade	\$64.95
I Will, with God's Help	Morehouse (Mary Lee Wile) <i>Episcopal</i> 2000	Confirmation is a public renewal of one's baptismal covenant, a reaffirmation of Christian identity. Built on the Baptismal Covenant in the Book of Common Prayer, including readings from the Gospels to match the lectionary year. www.churchpublishing.org/products/iwillwithgodshelpleadersguide	6-12 weeks or adaptable for retreats	Grades 6-12	\$24.95 Leader \$7.95 Youth Journal \$7.95 Adult Journal \$8.95 Mentor Guide
The Journey: Discipleship / Confirmation	<i>Evangelical Covenant Church</i>	The Journey is the official confirmation material of the ECC. The goal of The Journey is to present an overview of the Bible and church beliefs while offering all participants the opportunity to make or strengthen their personal commitment to follow Christ. https://covchurch.org/confirmation/about/	2 years; 60-90 minute sessions	Youth Adult	\$39.95 Leader \$5.95 Mentor \$12.95 Student Journal Audio available

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Living Water: Baptism as a Way of Life	Church Publishing (Klara Tammany) 2002/2020 <i>Episcopal</i>	Explores Baptism (and renewal of promises) through music, prayer, poetry, and story following the Baptismal Covenant www.churchpublishing.org/products/livingwater	Book	High School Young Adult Adult	\$29.95 Book
Making Disciples	Abingdon (William Willimon) <i>United Methodist</i> Updated 2018	Pairs confirmands with adult mentors and guides them through a variety of learning experiences that will strengthen the student's understanding of the faith while connecting him or her with the community of believers in a personal way. Topics covered include: God, Jesus, Holy Spirit, Worship, The Bible, Saints and Gifts, Ministry, Baptism, Spiritual Life, Death and Resurrection, Life in the Church, and The Faith Journey Continues. https://divinity.duke.edu/news/making-disciples-mentor-guide	13 sessions mentor based	12-19 years	\$15.95 Mentor Guide \$13.99 Confirmand Journal \$16.99 Coordinator
My Confirmation: A Guide for Confirmation Instruction, revised edition	United Church Press (Thomas Dipko) <i>United Church of Christ</i> 1994	Designed as a workbook, it provides youth with insight into the Bible, its origins, and how to use it; Christian beliefs; understanding God, Jesus, and the Holy Spirit; and the Christian church. This book also addresses some vital questions regarding the importance of church and the meaning of confirmation and contains a helpful resource section. www.thepilgrimpress.com/products/my-confirmation-a-guide-for-confirmation-instruction-revised-and-updated-dipko?s=recomatic	Workbook	8 th Grade	\$16.50 Workbook
My Faith, My Life: A Teen's Guide to the Episcopal Church	Church Publishing (Jenifer Gamber) 2014 <i>Episcopal</i>	Written for teens as they explore the Episcopal Church and prepare for Confirmation. Chapters include Bible, Baptism, Church History, Prayer, Worship, Polity, and more. End of chapter reflection questions; Leader Guide for a 6 or 10-week program and/or retreat. www.churchpublishing.org/myfaithmylife	Flexible Print	Youth	\$19.95 Book \$14.95 Leader Guide
Pilgrim: A Course for the Christian Journey	Church Publishing 2016 <i>Episcopal</i>	Approaches the great issues of faith not through persuasion but participation in a pattern of contemplation and discussion in a small group. <i>Follow Stage</i> : Turning to Christ, Lord's Prayer, Commandments, Beatitudes; <i>Grow Stage</i> : Creeds, Eucharist, Bible, Church & Kingdom (6 sessions each. www.churchpublishing.org/complex/pilgrim-series/	8 topics 6-7 sessions each 60-90 minutes Print	High School Young Adults Adults	\$12.95 Leader's Guide \$9.95 each course book

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Professing Our Faith: A Confirmation Curriculum	Westminster John Knox Press 2005 <i>Presbyterian</i>	Provides youth with a foundational understanding of the Reformed-Presbyterian faith. Echoes the emphases of the Study Catechism, it presents the biblical foundations and theology of the Apostle's Creed, the Ten Commandments, and the Lord's Prayer. www.pcusastore.com/Products/CategoryCenter/CNCPOF/Professing-Our-Faith.aspx	35 sessions Print	Youth	\$50 Teacher Book \$10 Student's Book \$6 Student Notebook
re:form: Tradition	Sparkhouse <i>Methodist Lutheran Reformed</i>	Denomination specific four-unit curriculum that shares the history, beliefs, and practices that help youth discover how their faith tradition came to be. www.wearsparkhouse.org/store/category/286824/re-form-Traditions	DVD and Anti-Workbook Print	Youth	\$5.49 Workbook \$19.99 Leader Guide \$34.99 DVD
Sealed and Sent Forth	LeaderResources (Episcopal Diocese of East Carolina) <i>Episcopal</i> 2004	Follows a format of worship, content, discussion, reflection, and community building. www.leaderresources.org/SealedSent	15 sessions 2-hours each Downloadable	Youth Adults	\$54.95
The Seekers	LeaderResources (Rick Brewer) <i>Episcopal</i> 2003	To call young people into adulthood by discovery, wonder, and reflection on life in light of our Christian tradition. 4 units: Faith, Life, Self, and Values. 2 years (25 sessions each year) www.leaderresources.org/The-Seekers-Young-Adult-Ministry_p_87.html	2 years 25 sessions each Downloadable	Young Adults (16-20)	\$39.95
To Know, To Live, To Grow	Augsburg Fortress <i>Lutheran/ELCA</i>	Helps youth integrate their faith with their families and into their congregational lives. Divided into 3 units (3-9 sessions each) to equip youth for building a faithful life. <i>To Know</i> emphasizes the foundations of faith. <i>To Live</i> is to be used in conjunction with service projects. <i>To Grow</i> fosters faith in the real world. www.augsburgfortress.org/store/search?ss=to+know+to+live+to+grow&c=0	3 Units 3-9 sessions each Print	Grades 6-10	Each Unit: \$6.99 Leader \$3.99 Participant
Your Faith, Your Life: An Invitation to The Episcopal Church (revised)	Church Publishing (Jenifer Gamber) 2017 <i>Episcopal</i>	Unpacks the Episcopal Church's language of worship, theology, church structure, and sacraments, so that adults will have the vocabulary and framework to share their beliefs and practices, explore the Bible, understand prayer and discern their own ministry within the church. Leader Guide included. www.churchpublishing.org/yourfaithyourlife	Print Audio version available	Adults	\$22.95 Book